



## **THERA-BAND HAND EXERCISER**

**\$7.25**

Helps strengthen grip, increasing dexterity and mobility.  
Can be used for rehabilitation of the hand and upper extremity.

**Red** = Soft (SR-THE-1)

**Green** = Medium (SR-THE-2)

**Blue** = Firm (SR-THE-3)

**Black** = Extra Firm (SR-THE-4)

Sportsmedicine Product Program

Sponsored by RehabWorks, Bionetics and NASA Exchange

All sales through NASA Exchange Stores.

Products are recommendations. For further evaluation of injuries, see your physician.



## **MOIST/DRY HEATING PAD**

**\$19.95**

(SR-MOD-2)

This pad features three heat settings, rotary switch, washable cover and moist heat sponge cloth.

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## **BLISTER BLOCK CUSHIONS**

**\$6.95**

(SR-MOD-9)

Blister Block Cushions for Feet with Compeed Moisture Seal technology stays in place for long lasting relief. Conforms to feet for maximum comfort. Cushions protect against the painful pressure and friction that cause blisters. Can be worn several days before changing, even in the shower.

4/pkg

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## **SHUR- BAND LATEX-FREE ELASTIC BANDAGES**

<b>2 IN X 5 YDS</b>	<b>\$1.95 (SR-SUP-9)</b>
<b>3 IN X 5 YDS</b>	<b>\$2.50 (SR-SUP-90)</b>
<b>4 IN X 5 YDS</b>	<b>\$2.75 (SR-SUP-91)</b>
<b>6 IN X 5 YDS</b>	<b>\$3.50 (SR-SUP-92)</b>
<b>6 IN X 10 YDS</b>	<b>\$5.50 (SR-SUP-93)</b>

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## **AIRCAST AIR-STIRRUP ANKLE BRACE**

**\$46.95**

**LEFT= SR-SUP-80, RIGHT= SR-SUP-81**

Fits comfortably in the shoe. Pre-inflated, adjustable air cells conform and compress swollen tissue. When worn with a laced shoe, the brace limits inversion/eversion but permits dorsi and plantar flexion. Excellent for acute immobilization of sprained ankles. Can be used for chronic ankle pain along with rehabilitation for strength.

Adjustable for size.

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**\$22.95**

**Women sizes: 5-12**

**Men sizes: 4-14**

Soft cushioning design, arch support, heel stabilizer and dynamic design that mirrors the shape of foot during activity.

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## **Thermophore Heat Pack**

**\$62.95**

An automatic moist heat pack, Thermophore's electric fomentation unit 14"x27" is used for treatment of the back, chest, abdomen, or both legs at once. Provides effective temporary relief from pain and discomfort. Produces its own moisture without the need for water. Fleece case protects pad and comforts skin. Trigger unit produces heat only when activated. Excellent device for passive warm up prior to rehab or exercise.

(SR-MOD-4)

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## **Jumper's Knee Strap**

**\$8.25**

(SR-SUP-82)

This adjustable strap is designed to improve patellar tracking and elevation by applying mild pressure on the tendon below the kneecap. The tubular insert provides uniform pressure and helps provide pain relief from chondromalacia, patellar tendinitis and Osgood-Schlatter's Disease.

One size fits all.

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## **SWEDE O Inner-Lok 8 Ankle Brace**

**\$24.75**

Internal figure eight straps. Breath-O-Prene Tongue with Coolmax by Dupont. Short curved seamless arch with full elastic back. The Inner-Lok 8 uses zig-zag stitching on the perimeter of the brace for durability and nine pairs of eyelets for a more custom fit.

Sizes: S, M, L, XL  
(SR-SUP-1,10,11,12)

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**PRO Orthopedic Thigh Sleeve**  
**\$14.75**

General purpose support compresses and supports soft tissue while retaining therapeutic heat. Helps reduce muscle strains.

Sizes: Small, Medium, Large  
(SR-SUP-4, 40,41)

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**McDavid 429 PSII  
Hinged Knee Brace  
\$56.95**

A lightweight but advanced knee support. Long sleeve, 3/16” thick thermal neoprene with geared polycentric hinges, hyperextension stops and condyle pads for enhanced fit and comfort. A superior design engineered for lightweight protection in most sports and activities. Great for MCL, LCL sprains, meniscal injury, patellar-femoral injury and much more.  
Sizes: M, L, XL (SR-SUP-30,31,32)

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**ComfortFORM WRIST BRACE**  
**\$14.25**

Durable, lightweight fabric is LYCRA lined for breathability and patient comfort. Adjustable by three Velcro straps.

Ideal for sprains, strains and control of carpal tunnel syndrome.

Sizes: S-XL, Left and Right available.

SR-SUP-5 through 56

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## **PULL-N-PAK ICE BAGS**

**\$2.25**

50 bags per roll. Perfect for at home, work or in your work vehicle for icing injuries throughout the day. Will not leak or break.

SR-MOD-1

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## **Aircast Pneumatic Armband**

**\$15.95**

Providing relief for tennis elbow. The aircast pneumatic Armband applies 50% more pressure where it counts – on the extensor muscles not around the arm. Clinical studies verify that 86% of patients found relief wearing the versatile Aircast Pneumatic Armband.

SR-SUP-8

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## **McDavid Neoprene Support**

**\$9.25**

Effective on a variety of problems, such as muscle strains, sprains, hamstring pulls and tennis elbow. Heavy-duty outer nylon for longer life. Cut away for kneecap or elbow. Color: Black

Sizes: S-XL

SR-SUP-2, 20, 21, 22

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## **CORPAK HOT & COLD THERAPY**

**6"x10" \$10.95** (SR-MOD-10)

**10"x13" \$14.95** (SR-MOD-11)

**6"x20" \$14.95** (SR-MOD-12)

Exclusive strapping design.

Position packs virtually anywhere.

Holds therapeutic temperatures longer.

Soft, plush, "frost free" surface protects your skin.

Store in freezer, heat in microwave.

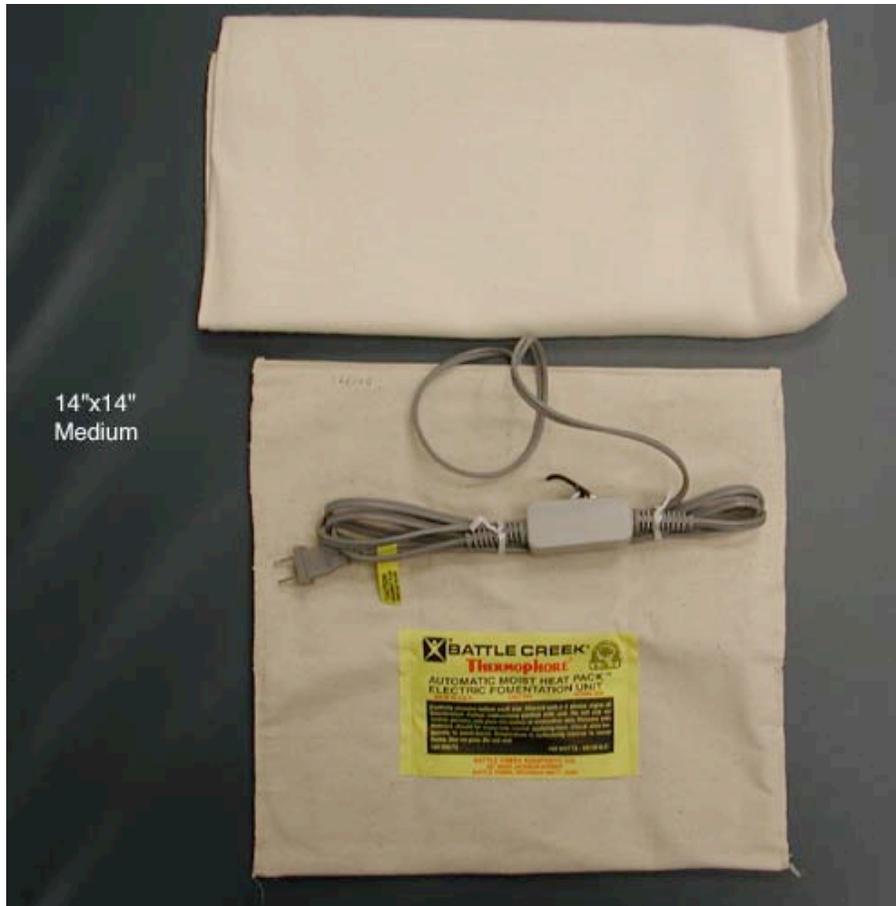
Non-toxic, biodegradable gel.

Sportsmedicine Product Program

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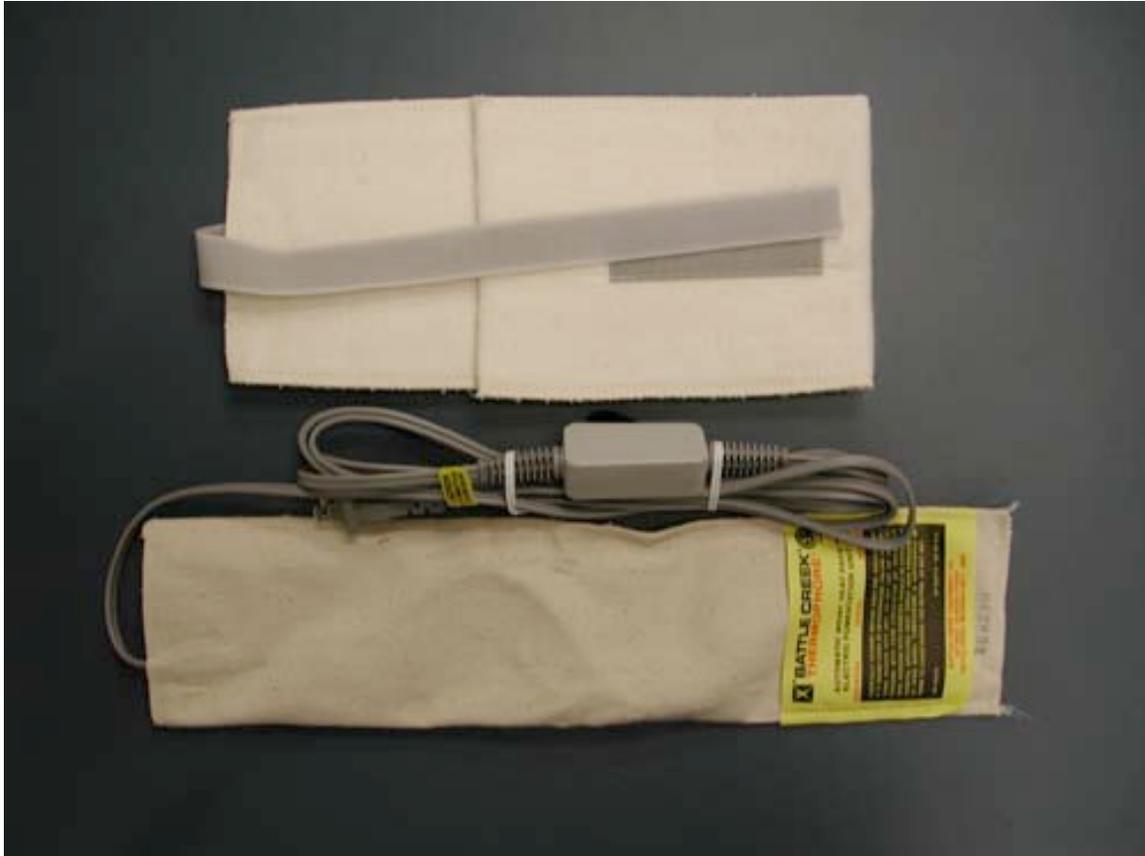


14"x14"  
Medium

## **THERMOPHORE HEATING PAD MEDIUM 14"x14" (SR-MOD-3) \$51.95**

An automatic moist heat pack, Thermophore's electric fomentation unit 14"x14" is used for treatment of the back, chest, abdomen, or both legs at once. Provides effective temporary relief from pain and discomfort. Produces its own moisture without the need for water. Fleece case protects pad and comforts skin. Trigger unit produces heat only when activated. Excellent device for passive warm up prior to rehab or exercise.

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**THERMOPHORE HEATING PAD  
PETITE 4"X17"  
\$41.95**

An automatic moist heat pack, Thermophore's electric fomentation unit 4"x17" is used for treatment of the neck, shoulder, elbow, forearm, or wherever you would like. Provides effective temporary relief from pain and discomfort. Produces its own moisture without the need for water. Fleece case protects pad and comforts skin. Trigger unit produces heat only when activated. Excellent device for passive warm up prior to rehab or exercise.

**SR-MOD-20**

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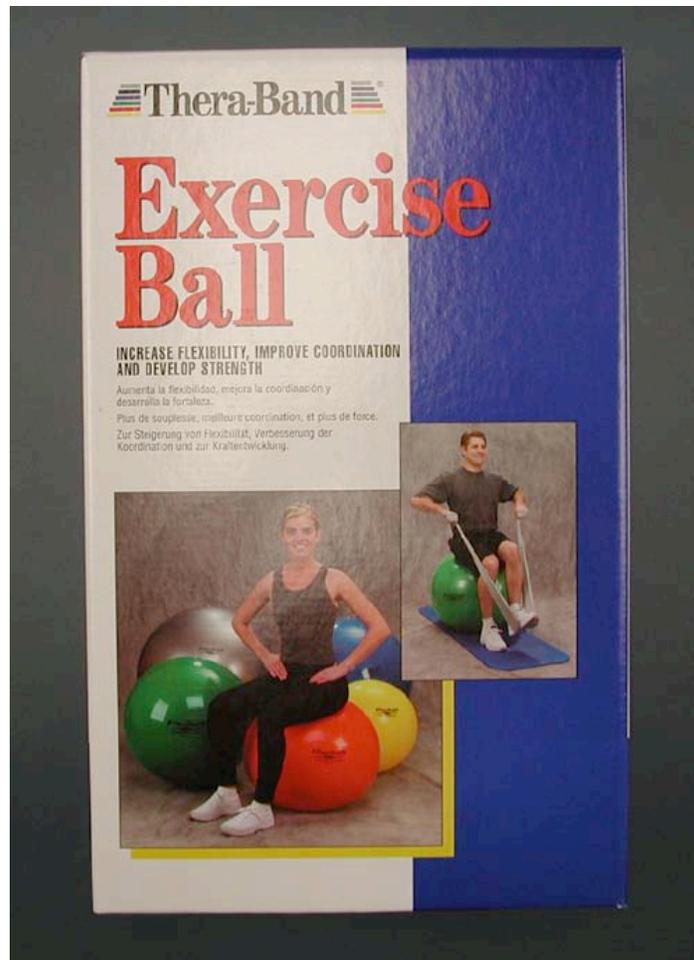
**THE STICK**      [www.thestick.com](http://www.thestick.com)

**\$25.00 – The Traveler 17”**

Massages Muscles, Improves Strength  
Increases Flexibility, Extends Endurance  
Accelerates Recovery Time  
Reduces Muscle Soreness, Stiffness & Pain  
Prepares Muscle for Rigors of Activity  
Flushes Muscle from Rigors of Activity

**SR-THE-40**

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**Thera-Band Exercise Balls**  
**65 cm – Green- \$29.50**  
**(recommended for heights 5'7"-6'6")**

Helps increase flexibility, improve coordination, and develop strength. Excellent for core/abdominal exercises and for lumbar stabilization.

SR-THE-32

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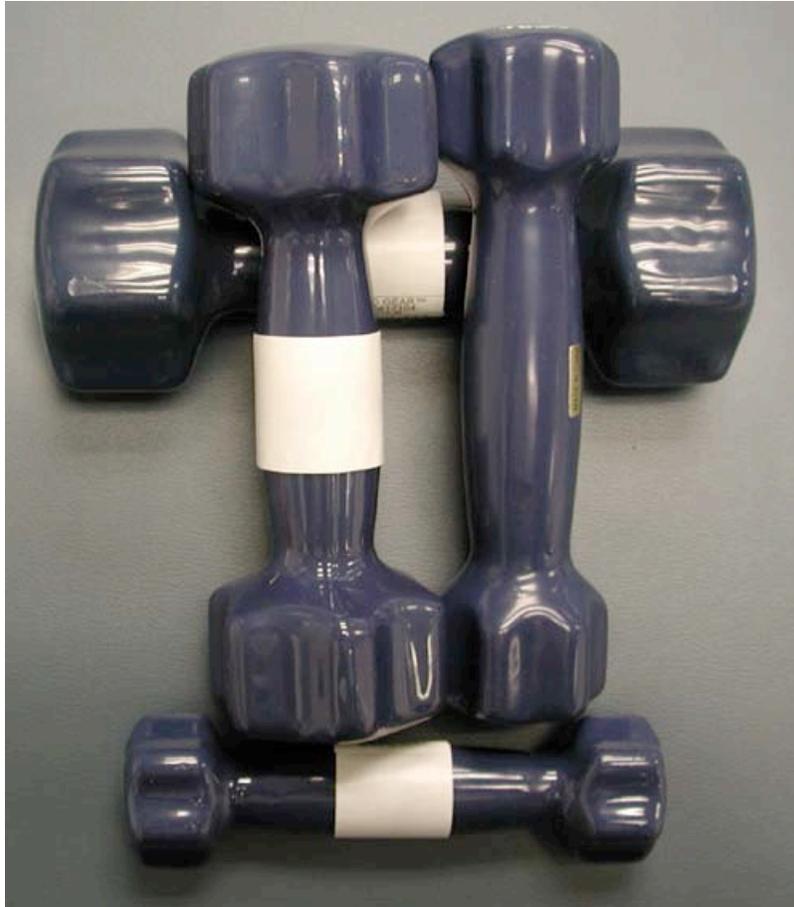
## **FLEXALL 454**

**4oz Bottle \$7.25 (SR-MOD-83)**

**16oz Bottle \$18.95 (SR-MOD-82)**

Penetrating relief from pain and stiffness of muscles and joints. Use with ultrasound, soft tissue massage, ice, breathable wraps and between TENS treatments. Aloe vera-based, absorbs quickly, is greaseless and non-staining.

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## **VINYL COATED DUMBBELLS**

- |             |                                |
|-------------|--------------------------------|
| <b>1 LB</b> | <b>\$4.75/each</b> (SR-THE-10) |
| <b>2 LB</b> | <b>\$5.75/each</b> (SR-THE-11) |
| <b>3 LB</b> | <b>\$6.75/each</b> (SR-THE-12) |
| <b>4LB</b>  | <b>\$8.75/each</b> (SR-THE-13) |

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## **OMRON PEDOMETER**

**\$18.95**

A digital pedometer with a calorie counter. Tracks your progress and makes it easier for you to set and reach your goals. Simply set the time, your weight and your stride length and start moving.

SR-THE-42

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## ANKLE CUFF WEIGHTS

- 1 LB - \$9.50** (SR-THE-20)
- 2 LB - \$11.50** (SR-THE-21)
- 3 LB - \$12.50** (SR-THE-22)
- 4 LB - \$14.50** (SR-THE-23)
- 5 LB - \$16.50** (SR-THE-24)

Wrist/ankle exercise weights come with attached Velcro straps and are color coded.

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## **POLAR HEART MONITORS**

**\$69.95**

Polar F1 heart rate monitor features continuous HR, exercise timer and stores exercise time and average HR.

SR-THE-41

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## **BIOFREEZE**

**3OZ ROLL ON - \$7.25 (SR-MOD-8)**

**4OZ TUBE - \$7.25 (SR-MOD-80)**

**16OZ PUMP BOTTLE - \$23.95 (SR-MOD-81)**

Contains ILEX, and herbal extract that helps provide a deeper, longer lasting pain relief. Aids in reducing edema and muscle spasms. Its cooling effect accelerates the rate of basic healing through relaxation of stiff muscles.

Greaseless and stainless.

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